BRENDA JANK is the founder of Run hard. Rest well. It’s a ministry dedicated to helping God’s people rediscover the power and purpose of rest—redefining work, play and biblical rhythm. She began her ministry in a church on the outskirts of Chicago, but since 1993, Brenda and her husband, Tim, have been serving at Camp Lutherhaven in the northeast corner of Indiana. Writing keeps her out of trouble (most of the time). Speaking fuels her passion. To learn more, visit www.runhardrestwell.com.

Rest ReDiscovered

We know how to run hard. Do we know how to rest well? Rest ReDiscovered will reacquaint us with the peace and quiet our souls have tried to live without. Designed by God, there are rhythms of rest that are restorative and life-giving, yet routinely neglected by leaders today. The result? Fleeting joy. Loss of vision. Fractured relationships. Malnourished souls. There’s a better way. It’s biblical, inviting, and revolutionary. Making a commitment to veer off the freeway long enough to explore the road less traveled, a pathway Jesus frequented, repositions us for power, purpose and the presence of God.

Agenda

AM 8:30 Breakfast  
9:00 Welcome and Introductions  
9:15 Gathering and Morning Prayer  
9:45 Rest ReDefined  
10:30 Break  
10:45 Invitation to Small Group Discussion  
11:15 Invitation to Quiet Time and Reflection  
12:15 Lunch  

PM 1:15 Rest ReDiscovered  
2:15 Invitation to Sabbath 
A time for personal reflection and quiet listening  
3:45 Harvesting and Sending

A day of rest, sabbath and meaningful conversation enfolded in song, poetry, and worship — a resounding yes! to the God who loves and inspires us.

Fran McKendree and Brenda Jank have put together what they pray will be a day of rest, worship, conversation about things that matter, and gratitude. Fran will be guiding the musical aspect of our journey (we’ll all be singing!) and leading a contemplative worship experience. The music will consist of chants, hymns and some contemporary pieces. We’ll be weaving a poem or two into our time as well.

Rest ReDiscovered

2013 PASTORS CONFERENCE  
October 7, 2013

REGISTRATION FORM  
(one registration per form please)

Name _____________________________________________  
Address _____________________________________________  
City ________________________________________________  
State/Zip ____________________________________________  
Phone ______________________________________________  
E-mail ________________________________________________  
Meeting/Church ____________________________________________  

☐ Breakfast  ☐ Lunch  Dietary Restrictions ______________

Registration fee $40.00 • $25.00 for students  
ESR and Bethany Seminary students attend at no cost.

Registration deadline: October 2, 2013

Send registration and payment to:
EARLHAM SCHOOL OF RELIGION  
PASTORS CONFERENCE  
228 College Avenue, Richmond, IN 47374

Questions?
Call 1-800-432-1377 or 765-983-1423  
fordma@earlham.edu • esr.earlham.edu

At the age of 15, FRAN McKENDREE’s parents wisely gave him a guitar for Christmas, sparing them all hours of clarinet lessons. Playing that very guitar and reluctantly singing, he formed a trio, entered a talent contest, won first prize — a slot on a folk music radio show — and was hooked. A few years later, he formed “McKendree Spring.” This innovative band went on to record 7 albums and extensively tour the US, Canada and the UK, performing at Carnegie Hall, the Fillmore East, and the first rock concert ever at Radio City Music Hall, eventually earning a spot in an exhibit in the Rock and Roll Hall of Fame. In his heart a different path was beckoning him, and he emerged from a period of soul searching to follow this calling, which led him to the Episcopal church. Since 1984, he has been traveling the country doing concerts, mentoring young people, designing and coordinating conferences, as a consultant, worship music leader and keynote speaker. Fran has released ten recordings of his own, and produced numerous other artists at his studio in Hendersonville, NC, where he lives with his wife, Diana. Fran and colleague Ann Holtz have recently founded “AwakeningSoul,” hosting conferences that provide sanctuary, sustenance and inspiration.